



COUNCIL HIGHLIGHT 2013

ISSUE NOV 2012 TO MAR 2013

Dear Fellows and Members,

This Council Highlight is a communication tool to keep all Fellows and Members updated of the College news and development. It would be updated regularly to let you receive the latest information of the College. Hope you all will enjoy reading it.

TRAINING

Simulation Training Programme - Train the Trainer Course & The Surgical Anatomy workshop

The Simulation Training Programme aims to maximize learning opportunities for our young surgeons while minimizing the risks to patients, and to provide more hands-on experience for trainees. Under this Programme, the Train the Trainer course and Surgical Anatomy workshop were organized. They were held successfully on 24 November 2012 at the LKS Faculty of Medicine, HKU.

Train the Trainer course

There were 39 trainers participated in the Train the Trainer course. This course included 3 technical skill workshops, which are *the Right Lower Quadrant Pain module, Central Abdominal Pain module and Right Upper Quadrant Pain module*.

Via video-based learning, trainers and trainees discussed cases in different phases and perspectives. Assessment of trainees' performance and debriefing were included in the course.



Trainers in the Simulation Training Programme. Thank you for the participation!



Trainee's performance was assessed by the trainers

The Surgical Anatomy workshop

It was a conjoint workshop between our College and the Department of Anatomy at HKU. This 3 hours long workshop included videos showing and Cross sectional radiology.



Demonstration was shown in the workshop



It was encouraging that the participants enjoyed the workshop!

EXAM

Preparatory Course for Exit Examination in General Surgery and MHKICBSC Preparatory Course 2013

Preparatory Course for Exit Examination in General Surgery

The GS Preparatory Course 2013 was a 5-day programme held successfully from 19 February - 23 February 2013, with the participation of 28 Higher Surgical Trainees. This year, we are grateful to have the 3 UK external instructors, Prof. Paul BOULOS, Mr Robert SMITH and Mr John FERGUSON, to instruct the candidates and provide practice tips to them.

We would also like to express our gratitude to Kwong Wah Hospital, Prince of Wales Hospital, North District Hospital, Pamela Youde Nethersole Eastern Hospital, and Queen Mary Hospital, for the organization and assistance provided.

The content of the Course was diversified consisting of Bedside Teaching, Viva Mock Examination, and Clinical Mock Examination. Bedside teaching is a brand new element of this year's Course. During Bedside Teaching, instructors taught a small batch of candidates on clinical exam skills at the ward with patients.

Positive feedbacks were received from both the candidates and the examiners.

MHKICBSC Preparatory Course

The MHKICBSC Preparatory Course was a 5-day course hosted by Queen Elizabeth Hospital and conducted at various training centres including Queen Elizabeth Hospital, United Christian Hospital, Tseung Kwan O Hospital, Tuen Mun Hospital, and Kwong Wah Hospital. The course was held from 25 February - 1 March 2013.

This year, the College is having more collaboration with our Mainland counterpart that the Guangzhou and Nanjing centres have sent trainers to observe the MHKICBSC Preparatory Course aiming to get familiar with the exam content and format.

Increasing number of Mainland Trainees joining Membership Exam!!

For the Membership Exam in February and March this year, it is encouraging that more centres were sending their trainees for the Membership Exam!

Last year, 4 candidates from Hangzhou took part in the Part 1 & 2 Exams. This year, we were very glad that 4 candidates from *the 1st Affiliated Hospital School of Medicine* in Hangzhou took part in Part 3 Exam!

We also welcomed the 4 candidates from *West China Hospital of Sichuan University* in Chengdu, who took part in Part 1 & 2 Exam; and the 2 candidates from *the First Hospital of china Medical University* in Shenyang, who took part in Part 1 & 2 Exam.

We look forward to the participation of other Accredited Mainland Centres in our future Membership Exam!

EVENT

Never Give Up!! – Standard Chartered HK Marathon 2013

According to Dean Karnazes, an American ultramarathon runner, “*Run when you can, walk if you have to, crawl if you must; just never give up.*” With the “Never Give Up” motto embedded in mind collectively, the College’s third Standard Chartered HK Marathon 2013 was successfully held on 24 February 2013.

This year, echoing with the theme of the Marathon – *Running for a Reason*, over 100 runners from CSHK participated! 14 of them joined the half marathon, 15 of them joined the full marathon, and over 70 of them joined the 10KM and 10KM challenge races! Congratulations to all CSHK runners who completed the race successfully or broken their own previous running records!

Once again, we hope everyone enjoyed the Marathon. If you are planning to join us in 2014, be ready & decide early! It is always fun to run and sweat together!



Our group of 10 KM Challenge and 10 KM Run1 runners! CHEERS!!



Surgeons - We RUN!

Younger Fellows Clinical Attachment Programme

The College is dedicated to maximize learning opportunities for Younger Fellows for their professional development. In view of that there are large caseloads in the Mainland centres which can maximize clinical exposure of Younger Fellows, the College has embarked on collaboration with the Mainland centres for the provision of clinical attachment to our Younger Fellows. The College has also successfully applied for funding from the Hong Kong Academy of Medicine for this initiative.

This year, the College will collaborate with *The Cancer Institute and Hospital, Chinese Academy of Medical Sciences (CAMS)* (中國醫學科學院腫瘤醫院) in Beijing, and *The Second Military Medical University, Eastern Hepatobiliary Surgery Hospital, the Institute of Oriental Hepatobiliary Surgery* (第二軍醫大學東方肝膽外科醫院) in Shanghai for a two-week clinical attachment programme.

We are happy to announce that **Dr King-on CHAN (QEH)**, and **Dr Wai-ho WONG (QMH)** were nominated to attend the clinical attachment programme in CAMS; and **Dr Ching-ning CHONG (PWH)** was nominated to attend the clinical attachment programme in the Hepatobiliary centre.

Congratulations to the 3 candidates and we wish them a unique training experience in Mainland.

New Chairman for CME/CPD Committee

Dr Edward Cheuck-seen LAI was appointed as the new Chairman of the CME/CPD committee with effective on 26 Oct 2012.



The College would like to register our sincere gratitude to Prof. Simon Ying-kit LAW, the immediate past Chairman of the CME/CPD committee, for his valuable contribution on CME matters of the College.



Dr LUK Hung-to
President
The College of Surgeons of Hong Kong