

# 刀緣 Cutting Edge

THE COLLEGE OF SURGEONS OF HONG KONG NEWSLETTER

March 2015  
二零一五年三月號



[www.cshk.org](http://www.cshk.org)

# EDITORIAL



Dr Chad TSE

## Dear Colleagues, Happy New Year.

In the past few months, every heart in Hong Kong was occupied to certain extent by the politics in Hong Kong. Whether you are supporter, opponent, or are indifferent, your life must be affected in some way.

Our editorial meeting needed to reschedule, as it fell on a date right after teargas were flying around in town. Our Hong Kong Academy of Medicine Building became the focus of our city, when the students and government officials were having their conversations inside. Some colleagues gave comment openly, some colleagues even went into the crowd and work their heart out, and some were bystanders. However, I believe most of us do care, as we are surgeons! We care about Hong Kong, our home, same as we care about our patients!

As a surgeon, we are trained to withstand stress, keep calm and use our knowledge, skills and tools to improve the health of our patients. Sometimes, we may have different opinion on which is the best way to do it. However, if we can put our personal interest and emotions aside, focus on the patients' health, and keep a sense of respect to those with different voices, it shouldn't be too hard to find a way out.

2015 is the 25th Anniversary of our College. To celebrate this important milestone, a number of activities are coming up. From running the Marathon, special CME meeting, mentorship program for students, public education activities, to the Scientific Meeting in September, the goal is to promote fellowship and fraternity. We are looking forward to have your participation and support.

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# Message from the President



made concerted effort with the same mission in building the College as one of the renowned surgical colleges in the world.

The College is dedicated to the training provision and this is always on my list of top priorities. We have laid down structural training systems for our next generation of surgeons such as the development of Simulation training for surgical trainees in cooperation with the Academy of Medicine, the collaboration with Mainland centres to provide clinical attachment for our young Fellows. We emphasise the importance of post-Fellowship training by organizing regular CME lectures to our fellow colleagues. The endeavours are to ensure we, the surgeons in Hong Kong, consistently safeguard the highest standard of surgical practice for our patients.

New clinical challenges and advances evolve from time to time. The society has become increasingly concerned in the way medical professionals qualify, practice, and be held accountable for patient safety. “Credentialing”, is our responsibility has already been widely adopted in other parts of the world.

## Benefit of Credentialing

Credentialing has the potential to improve safety for patients by ensuring clinicians practice within the bounds of their training and competency, and within the capacity of the service in which they are working. It is part of a wider organisational quality and risk-management system designed primarily to protect patients. (Reference: <http://www.safetyandquality.gov.au/our-work/credentialling>)

With the increasing expectation from public on quality and safety improvement, Credentialing could reduce risks and safeguard the medical standard.

I am glad to welcome the Silver Jubilee of the College in year 2015. 25 years of achievements marks an important and valuable milestone of the surgical history in Hong Kong. Over the past 25 years, our Predecessors, Council, Fellows, and Members

It ensures that patients receive a good standard of medical care by practitioners with proper experience, qualifications and skills.

## Credentialing advocated by the Hong Kong Academy of Medicine (HKAM)

The Hong Kong Academy of Medicine is developing and improving the Credentialing system and process in Hong Kong. They will set standards for Credentialing individuals via its specialty colleges. With the input from different sister colleges, profession and procedure specific competency of medical/dental practitioner will be further elaborated.

A Credentialing workshop organized by the HKAM was held on 21 September 2014. Specialty Colleges were invited to send representatives to the workshop and some of our Council Members had attended. Various perspectives and experiences were shared between overseas and local experts, and representatives from the Hospital Authority and the Hong Kong Private Hospital Association.

## Development of Credentialing by the College

The College will develop the concept and has invited the Department of Standards under Professor CH Leong to provide direction on how to move this forward. The Department contributed hugely to the consultation on the Guideline of Basic Laparoscopic Surgery in year 2009, and the development of Proctorship Programme on Basic Laparoscopic Surgery.

We believe that the development of Credentialing requires in-depth discussion on the definition of scope of practice, the identification of procedure of significant risks, development of guidelines, establishment of training requirements, and competency assessment. I encourage our Fellows to render your support to the College. Please feel free to provide your views to us via [info@cshk.org](mailto:info@cshk.org).

Prof. Stephen Wing-keung CHENG  
President  
*Queen Mary Hospital*

# Message from the Honorary Secretary

## Credentialing: to start the ball rolling...



**T**he issue of credentialing had been raised by the Academy among sister Colleges early back in 2009. Little progress has been made since. A workshop was conducted on 21 September 2014 to examine the underlying issues.

There was little dispute on the need. Qualified staff is one key element of patient safety. Credentialing is the process of ensuring that a particular staff is qualified for a certain job by virtue of his/her qualification, training, experience, competence, licence and granted privileges. The need appeared to be more pressing in countries like Australia, where, according to the invited speaker Professor Ian Rewell, there is no large umbrella organization like the Academy looking after the standard of practice and hospitals may not know their doctors well. State based legislation was relied upon to regulate clinical privileges of doctors and it was not infrequent for deviants to end up in jail. Hong Kong is a much smaller place and people in the profession know each other well. Fellowship of the College in a Specialty already testifies to a certain level of training and competency in common procedures in that Specialty. Despite such reasons for complacency, private hospitals in Hong Kong had acted early in credentialing because adverse publicity related to practice would have negative impact on image and business. Admission rights, centre and equipment specific scope of practice are all in place. Response was slower in public hospitals, where doctors work in more defined roles in close clinical teams. In Hospital Authority, attention was brought to credentialing by the Academy and Hospital Accreditation, amidst a background of increasing complexity of technology and heightening public expectation. A policy was endorsed in April 2014 for credentialing in Hospital Authority and discussion to form a governance structure for credentialing was kicked off in June 2014. On the whole, everyone agrees that something need to be done.

There was also consensus that credentialing should be focused. For procedure based specialties including surgery, the number of procedures within the repertoire of a specialist would be myriad. Fellowship would serve as a broad cover for common procedures. Existing experiences with credentialing are on skills at a post-fellowship level, including colposcopy for the gynecologists, and PCI for cardiologists. Procedures that are complex, involve new technology or carrying high risks are generally considered appropriate for credentialing.

Despite such common will, there are quite a number of hurdles, in addition to the daunting number of procedures, which need to be overcome. A reasonably meaningful credentialing process involves standardization of procedure, training programmes, facilities and guidelines, recording keeping and auditing, accreditation, continuous assessment and appeal mechanism. Each segment of such work can be substantial. Controversies abound in each of these segments, and also in issues of grandfathering and territorial rights. There is worry that over-rigid definition of roles will further aggravate existing manpower shortage. Different emphasis by different Colleges must also be respected. It comes as little surprise that progress in credentialing is nothing but stifled.

Ultimately, Colleges cannot shake off their responsibility to define standards and training required for procedures performed by their Fellows. Movement along this difficult path of credentialing should be started in prudent manageable steps. To start the ball rolling, Colleges can first nominate procedures they consider appropriate to consider credentialing. The Academy can then help to stock-take such procedures, co-ordinate and align credentialing efforts among sister Colleges and with other partners currently engaging in credentialing in Hong Kong, so as to take the process forward.



Dr Chi-wai MAN  
Honorary Secretary  
Tuen Mun Hospital

# Message from the Specialty Boards

## General Surgery

Is surgical outcome related to volume? I am not sure. But I think most of us will agree that surgical outcome is closely related to training. The General Surgery Specialty Board has successfully launched 5 subspecialty training programs in the past 2 years and invitation for application for upper GI training had been sent out. Some of our fellows have finished their training in Breast sub-specialty already. The board is consulting different training units for opinions on the training criteria of colorectal sub-specialty. I am very optimistic that colorectal training program could be implemented next year, just in time to coincide with the 25th birthday of our College.



Dr Heng-tat LEONG  
*North District Hospital*

## Paediatric Surgery

The Board had sent two representatives to observe the format of Intercollegiate Specialty Examination in Paediatric Surgery on 23rd-25th September, 2014 in Nottingham, UK. A report was drafted for discussion in the future Board Committee meeting.

The next conjoint RCSEd/CSHK exit examination will be held in March 2015 in Queen Elizabeth Hospital. There will be five local candidates. Three examiners from Edinburgh College will come to help us to run the conjoint examination. We also plan to have the hospital re-inspection for accreditation of training centres with the Edinburgh inspectors in March 2015 after exit examination.

The Hong Kong Children's Hospital will be completed in 2017 and opened for service in 2018. A paediatric surgery workgroup is formed with members from three training centres for the planning of manpower, service and training models.



Dr Michael Wai-yip LEUNG  
*Queen Elizabeth Hospital*

## Plastic Surgery

Greeting the Silver Jubilee of the College

Plastic Surgery in Hong Kong has appeared somewhat younger in comparison to other sub-specialties. Strictly, the beginnings saw the light as far back as 1967, when the Hong Kong Society of Plastic, Reconstructive and Aesthetic Surgeons was founded by 4 local plastic surgeons who had received foreign training. Various diligent and especially brilliant surgeons with a special interest in plastic surgery, chiefly in the university hospitals, then appeared and successively, helped to develop and strengthen the specialty and brought back expertise learned from more advanced countries. When the College had its inauguration in 1989, therefore, the then existing Grand Fathers were ready and able to gather their resources to "go with the times" and sat together to make the establishment of the sub-specialty a reality.

With the growth of the College over the years, the Board of Plastic Surgery defined and refined step by step its training format, syllabus, requirements and an exit examination. Today's admission into the sub-specialty has been streamlined and only a 2-year basic general surgery experience post internship with the qualification of MRCS and good character are sufficient. However, selection is very competitive because available positions are few. Training is also very intensive and only the most conscientious candidates can survive. The scope of the syllabus is extremely wide and a lot of study and practical experience are needed to bring up a mature and fully competent plastic surgeon. The private market is particularly lucrative and, unfortunately, that drained a significant load of our able surgeons from the public service. Having said that, the sub-specialty is gaining momentum and it was worth noting that Hong Kong was offered the opportunity to host the 4th Congress of the Association for Plastic Surgeons of Chinese Descent which was held in November 2014. That was commended by the Board members of the Association as the best meeting ever run under the name of the Association.

The sub-specialty is still a small one in number, amounting to roughly 50 fully qualified plastic surgeons, but it is already a long way from its early beginnings.



Dr David Sau-yan WONG  
*Prince of Wales Hospital*

# Message from the Specialty Boards

## Cardiothoracic Surgery

The Conjoint Examination in Cardiothoracic Surgery was held with examiners from the Royal College of Surgeons of Edinburgh and Academy of Medicine Singapore on November 23rd and 24th in Queen Mary Hospital Hong Kong. There was a Specialty Update Course immediately following the examinations following the previous year's success and based on 'wet-lab' formats covering all disciplines of Cardiothoracic Surgery. This ran from 26-29th November inclusive.

In preparation for the exam, the Cardiothoracic Board organizes monthly Inter-Hospital Meetings aimed at giving trainees the opportunity to present and discuss ongoing topics of importance in the specialty.

In the run-up to the 'exit' examinations a series of focused small group tutorials are organized, this year hosted at PWH (info: [conniehung@surgery.cuhk.edu.hk](mailto:conniehung@surgery.cuhk.edu.hk)) and all trainers and trainees are welcome to participate. 'Mock' clinical and viva examinations are also organized nearer the examination date depending upon the number of local candidates eligible for the current exam.

Trainees who are interested in a career in Cardiothoracic Surgery should contact Board Chairman (Professor MJ Underwood) or local Head of Service to discuss career opportunities.



Prof. MJ UNDERWOOD  
*Prince of Wales Hospital*

## Urology

The Urology Board organized the 14th Joint Specialty Fellowship (Urology) Examination on 8 and 9 September 2014. Five candidates sat in the Examination but only two passed, with no one qualified for the Leong Che Hung Medal. In the Examiners' Meeting and Specialty Meeting with the Edinburgh College that ensued, it was agreed that the format of examination will remain unchanged in the 2015 diet, while new mechanism will be introduced to ensure candidates are adequately prepared before sitting in the exit examination. Urology Exit Examination will be conducted in March starting from 2016. No training centre was due for re-accreditation inspection this year.

A certificate of competency in endoscopic and Laparoscopic skills in urology for higher urology trainees was jointly issued by the Urology Board and the Specialty Group on Urology Services of Coordinating Committee, Surgery, HA for the first time in July 2014. Trainees need to accrue required experience and practice base assessments before the certificates could be validated. Animal dissection workshops for trainees and young Fellows will continue to be conducted on annual basis and there is plan to introduce cadaveric dissection in future workshops.

Annual General Meeting this year was postponed as the Academy Building was placed under cordon for a dialogue between student leaders and government officials on 21 October 2014. Dr AU Wing-hang, Professor NG Chi-fai and Dr SO Hing-shing were elected Committee Members for a term of three years while Professor Sidney Yip Kam-hung was co-opted Committee Member for a term of one year starting from the AGM, which was eventually held on 18 November 2014.



Dr Chi-wai MAN  
*Tuen Mun Hospital*

# College Focus



*Prof. Chi-fai NG is currently a Council Member of the College, Professor of Urology, Department of Surgery, The Chinese University of Hong Kong. His main interests are endourology, robotic surgery, stone management and uro-oncology. He is very active in the training of urologist throughout the region, in particular Mainland China, in laparoscopic and robotic surgery. We are thankful that Prof. Ng has taken time during his busy schedule to have this College interview.*



C: Dr Calvin NG  
N: Prof. Chi-fai NG

**C:** What are the reasons for your decision to become a CSHK Council Member?

**N:** Since Urology is the second large subspecialty after general surgeon, I believed we should participate more in the College, both to support the College function and also share our view in the College. Since Dr Man and Dr Tam have already participated and contributed in the College council for a long time, it would be good to learn from them during the meeting & other activities, and be prepared to continue the contribution of Urology in College Council. Lastly, as I have participated in some of the Mainland Urology activities and also participated in the Chinese Urological Association (CUA), I hoped my experience in Mainland activities would contribute to the future development of the College.

**C:** What are your visions for the future of the College? What do you think are the initial steps to achieve that?

**N:** As the main representative of surgeons in Hong Kong, the College should safeguard the development and training of surgeons in Hong Kong. In particular, I think the College should help the planning of surgical manpower development in Hong Kong in the coming 10-20 years, which would be crucial for the maintenance of the quality and quantity of surgical service in Hong Kong. Also, the continue development of the relationship with Mainland would help to share our experience in training and service development in Hong Kong to Mainland. The initial steps to achieve these include more discussion with HA, Government on future service / manpower development. For the further engagement with mainland surgeons, we should have a more active participation in various surgical activities in Mainland and sharing of our experience with them.

**C:** How do you envisage Surgery in the coming decades? How can surgeons remain competitive in relation to other specialties?

**N:** With the continuous development in technologies, I expected there will be a lot of changes in surgical practice. The improvement in imaging guidance, engineering, robotic technologies etc will enable surgery to perform in an even more minimally invasive approach. Moreover, the advancement in genetic and markers researches will help us to develop more personalized treatment for individual patient. In order to get familiar with all these development, surgeons should keep an open minded approach with continue update on new surgical devices, imaging development, translational researches. Otherwise, other specialists might take over some of our territories.

**C:** Younger surgeons are always looking up to role models, and you are clearly one for many. Do you have any advice for them on their career and development?

**N:** I dare not to say I am a role model for the younger surgeons, just I was older and walked a bit in front of them. Seeing the rapid development and advancement in other Asian areas, the leading role of Hong Kong surgeons in Asia is continue being challenged. Besides continue to improve our knowledge, skill and creativity, we should have more collaboration amongst ourselves. Through collaboration, we not only could have larger patient sample and more resources, we could also have better stimulation in new ideas for research or clinical development. These would ultimately lead to continue development of our specialty in Hong Kong and also Asia.



Dr Calvin NG  
Prince of Wales Hospital

# College Express

## *RCSEd/CSHK Conjoint Scientific Congress 2014 13-14 September 2014*

### *Improving Functional Outcomes and Quality of Life after Surgery*

Our Fellows and Members look forward to the annual Conjoint Scientific Congress every year. Not only the event provides a valuable platform for knowledge exchange, but an opportunity to meet with old friends and connect with the industry on the latest surgical products and devices.

This year, with the dedication of the Scientific Committee of the College and the Edinburgh College, we presented another successful Conjoint Scientific Congress on the theme of “Improving Functional Outcomes and Quality of Life after Surgery”. Distinguished faculty shared with us their expertise and more than 300 Fellows and Members attended the Congress.



### GB ONG LECTURE



The GB Ong Lecture delivered by Prof. the Lord Ara DARZI of Denham, Paul Hamlyn Chair of Surgery and Director of the Institute of Global Health Innovation at the Imperial College London



GENERAL SURGERY



HEPATO BILIARY & PANCREATIC SURGERY



OVERSEAS TRAINING AND RESEARCH PRESENTATION





FREE PAPER



SURGICAL HISTORICAL ITEMS DISPLAY



LUNCH SYMPOSIUM



## BREAST SURGERY & PLASTIC SURGERY





COLORECTAL SURGERY



UROLOGY



NEUROSURGERY & VASCULAR SURGERY



QUALITY OF LIFE & OUTCOMES



MOTION PICTURE SESSION



SURGICAL GRAND ROUND



EXTRA FREE PAPER SESSION

*RCSEd/CSHK Conjoint Diploma Conferment Ceremony 2014  
CSHK Silver Jubilee Opening Ceremony cum Annual Dinner  
13 September 2014*



The RCSEd/CSHK Conjoint Diploma Conferment Ceremony 2014 was successfully organized in the evening on 13 September 2014 with more than 300 distinguished guests, Fellows and Members attending the event to celebrate the achievements of the awardees. Congratulations to the new Fellows and Members of both Colleges!



Prof. the Lord Ara DARZI of Denham, Paul Hamlyn Chair of Surgery and Director of the Institute of Global Health Innovation at the Imperial College London, had been bestowed the Honorary Fellowship of the College



Prof. London Lucien OOI, Chairman of Division of Surgery at Singapore General Hospital, had been conferred the Honorary Fellowship of the College



Prof. Shen-ming WANG, Dean of the First Affiliated Hospital of neighbouring Sun Yat Sen University, was another recipient of the Honorary Fellowship of the College



Dr Peter D. BARNARD was conferred the Fellowship in Dental Surgery ad hominem of the Edinburgh College



Dr Moon-tong CHEUNG was awarded the College Medal



Dr Man-po CHOW and Dr Hon-chi YIP (Dr Anthony TEOH represented Dr YIP to the award presentation) were awarded the Best Scientific Paper Award 2014 (Motion Picture) respectively



Dr Nga Yi Rhonda CHEUNG was awarded the Conjoint MOrth Medal 2012



Dr Tiong Hong Michael CO was awarded the GB Ong Medal 2013 and Li Shields' Medal 2013 respectively



Prof. Simon Siu-man NG and Dr Siu-king LAW were awarded the China Medal 2014 respectively.



The Best Original Paper Award of the Year 2013 was granted to Dr George K.C. WONG, Joyce H.Y. LEUNG, Janice W.L. YU, Peter Y.M. WOO, Hai-Bin TAN, Deyond Y.W. SIU and Wai-Sang POON. Dr Peter Yat-ming WOO represented the above to the award presentation



Prof. London Lucien OOI delivered the Arthur LI Oration titled “British-style Surgical Training or US Residency – The Singapore “Experiment”



The First Prize of the “Best Research Award of the Year 2013” was granted to Dr Jeremy Yuen-chun TEOH



The Second Prize of the “Best Research Award of the Year 2013” was granted to Dr Arthur Wai-hei CHAN



Dr Tony Wing-chung MAK was awarded the Best Scientific Paper Award 2014

## OPENING CEREMONY OF THE SILVER JUBILEE



Prof. Stephen CHENG and Past Presidents of the College took a group photo after the lion dance performance



Lion dance performance marking the opening of the Silver Jubilee celebration



# Spotlight “Silver Jubilee Celebration”

## 25<sup>th</sup> Anniversary of the College of Surgeons of Hong Kong

2015 is a memorable year of the College. To add joy on such an auspicious and special occasion, a series of celebratory programmes will be launched. Being part of the College, fellow colleagues are most welcome to participate and promote the programme to your colleagues and students.

### *Mentorship Programme for the medical students*

*The College will provide a mentorship programme for year 1 and year 2 medical students of the University of Hong Kong and Chinese University of Hong Kong, and the Student Surgical Association of Hong Kong. Fellows will be invited as mentor for them. We will organize a relaxing social gathering for them.*



### *25th Anniversary Lunch Symposium*

*Don't miss the opportunity to join the 25th Anniversary Lunch Symposium at the St. Teresa's Hospital. The Symposium will be covering 6 surgical specialty topics, including Cardiothoracic Surgery, General Surgery, Neurosurgery, Paediatric Surgery, Plastic Surgery and Urology. Distinguished speakers will be invited to share the latest knowledge.*

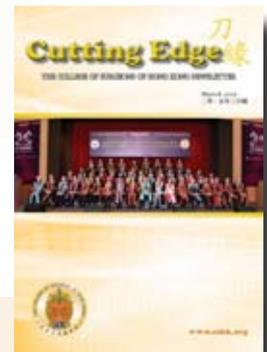


### *Radio Programme*

*We will collaborate with the famous health radio programme on a series of health topics. Our Fellows will be invited to share their expertise to the general public.*

### *25th Anniversary commemorative edition of Cutting Edge*

*This is an issue that you can't miss out! This is a special issue that gathering the best wishes from the prominent figures in Hong Kong and overseas towards the College. Our predecessors will share with us their thoughtful perspectives, our Fellows and Members will send their warmest regards to the future of the College.*



### *Attractive souvenirs*

*Do you want to wear the College signature bow tie and the College scarf to the Annual Dinner? The College will release stylish bow tie and scarf as souvenir and these are also for sell. Get the souvenirs for your family and friends!*

### *Closing Ceremony of the Silver Jubilee*

*To mark a fruitful ending after a series of celebratory programme, let's join the closing ceremony with exciting performance on 12 September 2015.*



# Topic on film

## 2nd Asia CRSA

The 2nd Asia CRSA (Clinical Robotic Surgery Association) – Advanced Robotic Sub-specialty Training Course was held in the Hong Kong East Cluster Training Centre and Prince of Wales Hospital successfully from 24th to 28th February 2014.



The Venue

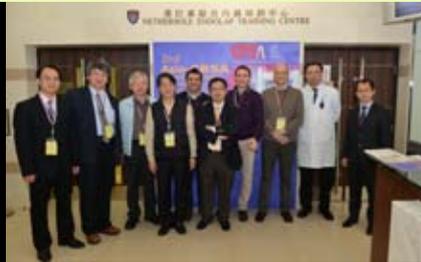
This year, the program divided into 5 days, i.e., hepatopancreatobiliary surgery, upper gastrointestinal surgery, colorectal surgery, endocrine surgery and gynaecology. Each day consisted of three sessions; the first session was lectures and experience sharing from different world famous professors. The second session was live or virtual surgery. The third session was cadaveric practicum which was carried in the Jockey Club Minimally Invasive Surgical Skills Centre of The Chinese University of Hong Kong in the Prince of Wales Hospital.

### The Audience



The Invited Guests

The Invited Guests



Dr CN Tang from Hong Kong



Dr Andrea Coratti from Italy



Dr Paolo Pietro Bianchi from Italy



Prof. Simon Ng from Hong Kong



Dr Micaela Piccoli from Italy



Prof. Gyu-seog Choi from Korea



Prof. Ichiro Uyama from Japan



Dr Wei Min Liu from Taiwan



Prof. Enders Ng from Hong Kong



Dr Dennis NG  
North District Hospital

## 4th International Endolaparoscopic Surgery Symposium (IESS)

The International Endolaparoscopic Surgery Symposium (IESS) entered its eighth year. The symposium was held every two year in the HKEC Training Centre in Pamela Youde Nethersole Eastern Hospital. This year it was held successfully on 19th and 20th December 2013. Participants and guests from different parts of the world joined this event. Embracing technological innovation was the main theme this year. Again, the symposium consisted of lectures, video sharing and live surgeries. We are looking forwards for the next symposium in 2015.



Live Surgery



Invited Guests and Participants



Prof. Jacques Marescaux from France



Prof. Woo Jin Hyung from Korea



Prof. Chinnusamy Palanivelu from India



Prof. Kyu Eun Lee from Korea



Dr Chi Wai Fan from Hong Kong



The Symposium



Prof. Pier Cristoforo Giulianotti from USA



Prof. Philip Chiu from Hong Kong



Prof. Wai Lun Law from Hong Kong



Dr Dennis NG  
North District Hospital

## 9th International Congress of Asia Pacific Hernia Society

**A**sia Pacific Hernia Society has been established since 2004 in Bali. It is a world recognized regional society with nearly a thousand members. The annual international congress is one of the main activities of the society and it was held by different countries before. This is the first time, and is our honor, to have this congress in Hong Kong.

The 9th International Congress of Asia-Pacific Hernia Society (APHS) was held successfully at the Asia World Expo, Hong Kong on 27th and 28th November 2013. It serves as a platform for surgeons all over the world to share their experience and knowledge, to learn new techniques and treatment in hernia surgery. The focus this year was the latest evidence based approaches for various hernia treatments.

The Congress consisted of dedicated lectures by world experts, video sharing, live surgeries and free paper sessions. It is our honor to have Prof. Arthur Li as the guest for the opening ceremony. Participants from different parts of the world enjoyed the conference very much.

### *Opening ceremony*





Prof. Arthur Li, the invited guest



Prof. Michael Li, the congress president



Dr George Yang, the congress chairman



Invited guests and professors



Prof. Giampiero Campanelli from Italy



Dr Shintaro Sakurai from Japan



Prof. Marc Miserez from Belgium

## Live Surgeries



Prof. Reinhard Bittner from Germany



Prof. Ajay Kriplani from India



Dr Dennis NG  
North District Hospital

## 15th Congress of Asian Society for Vascular Surgery and 9th Asian Venous Forum (ASVS 2014)

The 15th Congress of Asian Society for Vascular Surgery and 9th Asian Venous Forum (ASVS 2014) was successfully held on 5 - 7 September 2014 in Hong Kong Academy of Medicine Building.

Founded in 1992, the Asian Society for Vascular Surgery has grown to embrace vascular specialists from 14 Asian countries. Its main goals are to exchange knowledge on endovascular and surgical management of vascular diseases, promote research, and to foster closer links between vascular and endovascular specialists. The Society and its annual scientific meetings provide ample opportunities to meet many international and regional experts and discuss new ideas that is essential for improving our clinical practice.



Registration

in Aberdeen. It was an enjoyable evening with Chinese banquet, a local handicrafts stall and traditional Chinese cultural performances. It provided an opportunity to meet new friends in the vascular community and renew friendships with old friends and colleagues.

This year, the congress venue came to Hong Kong. With Prof Stephen WK Cheng as congress president, the organizing committee comprised vascular specialists from Hospital Authority as well as from private sector. ASVS 2014 had brought together over 100 outstanding invited speakers. It covered all spectrum of aortic and peripheral arterial surgery, as well as new innovations and treatment of venous disease to dialysis access. There were total 557 registrants in ASVS 2014 in which 430 are delegates and 127 were faculty. Four to five parallel sections were held simultaneously during the 3-day fully packed congress. With the support and contribution from the health care industries, extensive health care exhibitions were held which provide information and demonstrations on latest vascular technology and devices to advance our patient care. In addition, there were multiple workshops conducted with renowned international experts on the latest vascular surgery products, in which participants could get an unique hand-on experience. Delegates from all over the world had submitted free papers and poster presentations to showcase the latest research in vascular and endovascular surgery.

The scientific program was complimented by an exciting social program, the Gala Dinner. It was held in the evening of 6 September 2014 in Jumbo Floating Restaurant

We look forward to the next ASVS, which will be held in Bangkok, Thailand on 1 - 4 December 2015.

### *ASVS Council Meeting*



Guest in opening ceremony



Lion Dance



Gala Dinner



*Chairman*



*Entrance*



Demo



Workshop



Industries support



HK Group photo



*Lecture Hall*



Speaker - CW Ting



Speaker - Matt Thompson



Speaker - Robert Ree



Speaker - SM Wang

*Lecture*



Speaker - Ron Dalman



Speaker - YC Chan



Dr Alfred Chiu-cheuk WONG  
*Queen Mary Hospital*



# Examination Corner

## *Membership Examination*

The MHKICBSC Part 3 exam was successfully held on 10 September 2014 at the Prince of Wales Hospital. 28 candidates enrolled in the exam in which 23 of them passed the exam. The passing rate is 82%.

## *Fellowship Examination*

### *Urology*

The Joint Specialty Fellowship Examination in Urology was successfully held on 8 -9 September 2014 at the HKAM JC Building. 5 candidates enrolled in the exam in which 2 of them passed the exam. The passing rate is 40%.

### *Neurosurgery*

The Joint Specialty Fellowship Examination in Neurosurgery was successfully held on 19-20 September 2014 (19 Sept 2014 at the HKAM JC Building; 20 September 2014 at the Queen Mary Hospital). 6 candidates enrolled in the exam in which 4 of them passed the exam. The passing rate is 75%.

### *Plastic Surgery*

The Fellowship Examination in Plastic Surgery was successfully held on 18 October 2014 at the Tuen Mun Hospital. 3 candidates enrolled in the exam in which 3 of them passed the exam. The passing rate is 100%.

### *Cardiothoracic Surgery*

The Joint Specialty Fellowship Examination in Cardiothoracic Surgery was successfully held on 23-24 November 2014 (23 Nov 2014 at the Queen Mary Hospital; 24 Nov 2014 at the HKAM JC Building). 7 candidates enrolled in the exam in which 6 of them passed the exam. The passing rate is 85.7%.

# Younger Fellows Chapter

## Social Program of the RCSEd/CSHK Conjoint Scientific Congress 2014 : Wine Tasting Party



The Wine Tasting Party was a social program of the RCSEd/CSHK Conjoint Scientific Congress 2014, which was held from 13 to 14 September 2014.

The Party was jointly organized by Younger Fellows Chapter and Women's Chapter of the College. Dr Edmond WONG Ming-Ho, the Vice-chairman of the Younger Fellows Chapter, was the fellow who was in-charge of and organized the whole event. I would like to thank him for his tremendous effort and contribution.

The Party was held on 12 September 2014 from 7pm to 9pm and the venue was the Altaya Wine, One Hysan Avenue, 14/F, Causeway, Hong Kong.

There were a total of 16 participants, including members and fellows from the College and our guests. Two council members, Dr TAM Po-Chor and Dr Chad TSE kindly attended the party as well. One of the participants was Dr Bertha WOON, Honorary Secretary from College of Surgeons of Singapore.

The party started by a coach who taught us the basics of wine tasting and introduced some wine to us. The highlight of the party was free wine tasting and all of us enjoyed the wine and fellowship.



Dr Ricky Wai-keung CHAN  
*Private Practice*

# Women's Chapter

## Launch of the Women's Chapter Mentorship Programme & BBQ gathering

This is the second time the Women's Chapter has organized the Mentorship Programme for medical students. We are pleased that we have 44 pairs of mentees & mentors this year. The programme was officially launched on 10th May 2014, with a barbeque at Lai King.

The mentorship scheme aims to reinforce the connection between medical students and women surgeons, to provide assistance to medical students, to introduce surgery to medical students, and to let medical students understand the daily routine and lives of women surgeons.

30 mentors and mentees joined the event. It was an enjoyable evening. Mentors, mentees and friends had a chance to gather in a relaxed environment.

Laurent A Daloz stated that "Mentors are guides. They lead us along the journey of our lives. We trust them because they have been there before". We hope that the Mentorship programme will inspire our medical students and lead them along their medical journey.



Happy Mentors and Mentees



Setting up & getting ready for BBQ



Chatting & cooking simultaneously



BONUS: Second generations enjoying BBQ food



Our BBQ venue: Oasis in the city



Dr Ada NG  
*Queen Mary Hospital*



THE ROYAL COLLEGE  
OF SURGEONS OF  
EDINBURGH



*RCSEd/CSHK  
Conjoint  
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2015*

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20<sup>th</sup> Asian Congress of  
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# Off the Scalpel 框框外的腦外醫者路

陳思堂醫生一九七七年畢業於香港大學醫學院，成為腦外科醫生。在公立醫院服務十一年後私人執業。八年後，他毅然放棄全職腦外科醫生的工作，任世界宣明會中國辦事處及香港宣明會的總幹事至二零一零年。任內更修畢Kellogg-HKUST行政人員工商管理學課程，成為本地腦外科醫生中第一個有EMBA學位的人。

由全職醫生演變為多元人生，在腦外科行內為第一人。究竟是什麼驅使陳醫生奉行另類經歷呢？

文：劉至欣醫生

約了陳醫生在他的診所內訪問，陳醫生的診所裝修平實簡單，以白色為主調，予人舒適安靜的感覺。認識陳醫生的人都知道，他向來話語不多，但談及自己的人生經歷，他所序述的仿如昨天，且聽他娓娓道來。



**“我認為不是單單醫好了病人才算幫到他們，要令他們如何在逆境中接受病情及在治療的過程給予他們支持也十分重要。”**

以下是記者與陳醫生的真誠對話。

## 可否告訴我們有關您目前的職務？

我在1995年開始接觸世界宣明會。宣明會是國際機構，當年正打算延展服務至中國國內，他們的董事會希望找個中國人在他們中國辦事處工作，因為認為外國人很難與中國政府溝通和建立信任，所以一直希望找一位既熟悉中國又具有國際經驗和視野的人應付會務。可是在國內找人，又害怕產生文化隔膜。因此他們從一些義務組織圈子找到我，認為我是適合人選。

在宣明會工作前，我曾在Medical Service International、教會等做義務工作，也曾到中國與國內專科醫生交流。但公立醫院事務十分繁忙，我只能在工餘參與宣明會的前期工作。

# 一 陳思堂醫生不一樣的感恩人生

成為私人執業醫生後，時間比較有彈性，我的參與度亦愈來愈多。

最初，我被邀請在中國辦事處工作。到1996年，我分別成為中國辦事處及香港宣明會的總幹事。在中國辦事處工作是較困難的，因為當時人手不足，現在宣明會大規模發展，我們才可在發展過程中發掘有才幹的人擔當各會務要過渡宣明會的難關。

由於難以全職做兩份性質不同的工作，同年我選擇放棄了全職腦外科醫生的工作，一直服務至2010年退下宣明會工作，現在全職做回腦外科。

## 1996年你決定毅然放棄全職腦外科醫生工作做宣明會總幹事，有掙扎過嗎？

對於這個決定，我考慮了大概數個月，並以半年時間成功找到其他醫生接替我的診所工作。一年後，宣明會的業務終於上了軌道。其實我也會在週末診症，但對象是其他醫生的家人朋友，而且每個月大概做一至兩個手術。直至2010年，才轉回全職。

## 與其他腦外科醫生走不同的道路，心態如何？

當年恰巧接近回歸的時候，很多人都認為香港的大限已到。不少同學移民，更有些放棄做醫生或考牌轉行，我的同學為了他們的子女作出改變，所以我的轉變其實不是什麼大事，也不是與眾不同。

我一直對中國抱有情意結，很想做些事情來幫助中國。

我在香港出生，我的祖父當年為生活從東莞來香港，但他的兄弟姐妹仍在東莞生活。其實我大部份的家人都在廣州生活，回鄉探親時，發現兩地雖然相距不遠，但生活質素卻如此不同。我的堂兄弟姐妹經歷過文革洗禮而我沒有，我感到很幸運，所以我一直希望能幫助國家我不是在政治立場上支持中國，只是認為我們中國人是同胞。

在信仰上，很多人認為我作出很大的犧牲，但我的價值觀是依從聖經的啟示，能夠幫助人是一個祝福，更為有福的好事，這些想法驅使我一直走這條路。除了醫學，我對管理工作亦有興趣，並視為挑戰。接手這份工作時，我需要學習如何管理會務，但我沒有後悔，反而做得很愉快。

## 由全職腦外科醫生變成管理人員，在初期時遇到什麼困難和挑戰，你又如何解決問題呢？

我遇到最大的困難是人手問題。香港宣明會是一個成熟的機構，擁有獨特的文化。早期的事件引發起很大的人事紛爭，當時，作為剛上任的總幹事，我逐步找一些能幹和願意加入宣明會的人共事，但初時加入的人並不多。要扭轉當時的困局，管理層人手變動是避免不了。我要找出一群不會只顧及個人利益及個人成敗的人為慈善付出，帶入不同的經驗，才可以扭轉局勢。我用了差不多一年才把人手穩定下來。

當時香港宣明會有70多人，每年的收入達港幣7千萬元，當中管理上亦存有複雜性，這驅使我在科技大學讀EMBA，並在2001畢業。



當時上課模式是連續兩個週末上課，期間留在大學宿舍居住。我得到香港宣明會的支持，不用親身回公司，可遙控處理會務。這課程有助培養自信，令我發現自己和同事所擬定的會務方向是正確的。在市場策略上，我們從當初邀請明星來宣傳轉變到學校宣傳為主幹，以relationship marketing 為策略重點。這策略直至現在仍然推行得很成功，有助宣明會提升收入，而每年的收入達港幣7億元。

### **在宣明會的14年間，有什麼難忘的事？**

我最難忘的經歷是北韓之旅，我曾到訪北韓三次。1997年，北韓發生飢荒，北韓政府特地開放給宣明會進入境內救災。在元山，我親眼看見餓死的小孩，感到十分震驚。平壤是一個漂亮的地方，藍天白雲、空氣清新、道路寬闊，可是沒有車，只有壞的交通燈，和一些女警在指揮交通。

和北韓人交往，很難了解他們的想法，跟我們接觸的人員也屢次不同，我們的證件也只能在臨上飛機前的早上才簽發，我們更試過在早上也簽發不到證件。我在七至八年前最後一次到訪北韓，發現當地的小朋友經過宣明會的幫助而改善了健康。北韓開放了，在公路旁我看見掛有廣告牌，人民開始擁有手提電話。可是，我們到達機場後，手機會先被收起，到我們離開時才還給我們，他們害怕我們跟農村的人接觸，所以總有接待員跟著我們。北韓天然資源富饒，人民水平不錯，使用的貨幣是歐羅，但人民卻受政治牽制。我們一直和受助的小朋友聯絡，當他們長大了，有些人會在當地宣明會的地區辦事處工作，負責協助本土項目。



## **“腦外科醫生的工作和扶貧工**

### **當做回全職腦外科醫生，有沒有經歷適應期，心態上是怎樣的？**

我的生活沒以前那麼繁忙，其實我一直都有上課取醫生的持續進修學分。但我重新做回全職醫生時，沒有對外宣傳，因我不想生活太忙碌。接管宣明會工作前，我每天要去數間醫院診症，壓力很大。現在我經常回宣明會做義工，多些空餘時間也是好事。

### **有些希望參與這類工作的外科醫生或許會擔心很久沒有做手術而影響技巧，你覺得有影響嗎？**

對我來說，訓練手術技巧並不是一個大問題，但身體某些部位的肌肉當然比之前弱了，復元的時間會較長。手術技巧是不會消失的，只是要學習應用新的醫療儀器。在宣明會工作前或離開後，複雜的手術我會找其他醫生協助的。我只有大概一年多的時間完全沒有做手術，在宣明會的時候，我每年也有做十多個手術。

### **假如外科醫生想做慈善工作，你有什麼建議給他們？**

我會鼓勵他們嘗試，這不但可以豐富人生，更可以擴闊視野，畢竟外科是一門專科，一旦投身便完全沒有時間做別的事情。

## 你對自己的兩個子女有什麼期望？

我不會強迫他們和我一樣當醫生，我讓他們發展自己的興趣。當我在宣明會工作時，每年暑假他們都會來做義工。汶川地震時，我們全家一起往汶川做義工。我的女兒在當地逗留了一個月，她接觸那些在難民營受影響的人民，和小朋友玩遊戲、做輔導、教英文，我的太太也有幫忙做物理治療的工作。



## 腦外科醫生的工作和扶貧工作，兩者有什麼共通之處？

兩者的目的都是幫人。扶貧工作是幫助社區的整體發展，例如教育及衛生的工作；腦外科的工作比較個體，主要幫助個別病人及他們的家人，達到他們的期望。我認為不是單單醫好了病人才算幫到他們，要令他們如何在逆境中接受病情及在治療的過程給予他們支持也十分重要。

## 宣明會的經歷如何影響你的腦外科工作？

我對金錢的價值看得不重，我不需要豪華的嗜好。以前，除非是遇到複雜的手術，否則全部手術都是自己一個人完成。現在，我做手術時都會找其他醫生協助，無論對病人和自己都是好的，因為多了不同的意見。上星期我做了一個持續10個鐘的手術，感到很疲倦，幸好有其他醫生幫忙，最後手術成功了。現在回想起以前自己單獨做手術不知怎樣挨過的。

## 展望將來，有什麼未完的夢？

人生是一個學習的階段，但我不希望以一個很繁忙的狀態去學習，或透過職業去獲得什麼回報。反而希望慢慢減少工作時間，多些時間去想和寫東西。我盼望透過實踐去領悟聖經的道理，例如在待人接物方面。現在我沒有太多實質的興趣想學。

作，兩者的目的都是幫人。”



## 可否分享聖經內你最喜歡的章節？

我最喜歡“施比受更有福”這說法，這話隱含的意義重大。每人都希望擁有很多東西，可是聖經卻教人要付出多於接受。雖然付出會令自己擁有的東西少了，但卻令人變得更美好，其原因值得去了解。

付出，令人生少了負擔，因為很多東西自己是無需擁有的。人對於物質和名利很執著，是由於缺乏安全感。宣明會的工作令我接觸到很多窮人，他們擁有的快樂和一個富有的人所擁有的快樂都是一樣，我因此感受到聖經的真諦。原來人生許多不願意放手的東西，其實只是負累，而不是資產，我仍然在學習這道理。

隨著年紀漸長，看見子女已經長大，我根本不需要擁有太多，即使沒有安全感，人也是可以生活的。知足已經足夠，能給自己快樂的東西未必是最貴的，特別對我們這些不是出身於富有家庭的人來說，最大的快樂源自小時候溫馨的回憶。假如現在有人問我最喜歡的食物是什麼，我的答案是吃一碗魚蛋粉，現在我最享受的是和家人相處的時光。

## 可否介紹你的著作“手術刀外的心路：一位腦外科醫生的另類版圖”？

這本作品是在2001年出版的，是香港宣明會的雜誌內的一些專欄作品，這本書描繪了我對父母和子女的感受。最近，有一位醫生朋友告訴我，他看完這本書後流淚了，其實我在寫這本書時也曾流淚。醫生是有情的，可是我們太忙碌或處身於某些場合上不容許說出軟性的話。我抱著一些心底的感情去推動自己做些一般人少做或未必敢做的事情，包括對國家的情或對小朋友的關懷。我認為感情不需要被抑壓，儘管有人說男兒流血不流淚，但我卻是一個眼淺的人。



## 當腦外科醫生常會碰到有嚴重病情的病人，扶貧也會遇到很多悲慘的情境，你在那刻遇見神嗎？

我常看聖經，這問題也經常在我的腦中圍繞著。聖經提及人受痛苦是由於選擇了自己的道路、自我中心及感到害怕。人犯罪往往剝削了其他無能力的人，而病和死也是人犯罪的後果。人所接觸的宇宙，都是被規律所制約，可是生命是永恆的，視乎人是否願意接受神，放下自己，讓神去主宰自己的一生。人往往會不斷挑戰幾千年來被認定的規律，人的敵人其實就是自己，有些人選擇會回神的身邊，有些人卻選擇堅持自己的道路，而我就選擇透過生活去領悟聖經的道理。



Dr Jane Chi-yan LAU  
Helsinki University Central Hospital

# Announcements

## Update of Personal Particulars to the College

It is important for Fellows and Members to update contact information with the College. The information is vital to ensure that Fellows and Members would receive the most up-to-date information and to be informed of the incompliance/compliance status of the CME/CPD requirements. Please download the form of update of personal information at <http://cshk.org/downloadcentre.php> for the sake of updating the contact information and return the completed form to the College at 601, Hong Kong Academy of Medicine Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong or by fax at 2515 3198 or 2518 3200.

## Charge for posting Non-College Activity at Cutting Edge

Effective from April issue 2012, HK\$4,000 will be charged for parties posting announcement of Non-College activity on the Cutting Edge.

The announcement of Non-College activity will also be posted on College website.

## Call for submission: Achievement from Fellows and Members

Our Fellows and Members not only have devoted their effort into medical services but they have also excelled and were awarded in other domains including public services and voluntary work. The College congratulates the personal success of all Fellows and Members and appreciates their contribution to society.

The College is pleased to share the honor and happiness with fellow colleagues by announcing their success at the Achievement column of Cutting Edge.

The Editorial Board of Cutting Edge cordially invites all Fellows and Members to notify the Board on their recent achievements by sending the announcements to [info@cshk.org](mailto:info@cshk.org) for further arrangement.

## Thank you note

The Cutting Edge is an informative and interesting publication for our profession. It acts as a bridge of communication between the College and our Fellows and Members, covering the latest development of the College, discussion of medical hot topics, and the leisure side of our fellow colleagues. The success of the publication pay attributed to the persistent effort and thoughtful input from our Editorial Board.

The College wishes to express our sincere appreciation to our immediate past Editorial Board members, Dr James LAU and Dr Ava KWONG for their companion and contribution. Also, we extend our warmest welcome to our new members Dr Edgar LAU, Dr Jane LAU, and Dr Calvin NG to join our Editorial Board.

We look forward to your continuous support to the Cutting Edge.

## Fellows Update

### Dear Fellows,

“Fellows Update” is an excellent platform updating our Fellows the latest development, achievement and life events of our fellow colleagues and creating personal touches with colleagues since its appearance in the Dec 2012 issue. The content covers a wide range of topics such as Retirement, Change of Practice, Marriage, Giving birth to new baby and the like, where the news can be shared.

We are now calling for your submissions to “Fellows Update”. Please do not hesitate to share with us your happiness in life by submitting your unique life changing experiences with pictures to us via [info@cshk.org](mailto:info@cshk.org)

If you have any enquiries, please do not hesitate to contact me at [chadtse@hkam.org.hk](mailto:chadtse@hkam.org.hk).

I do look forward to hearing from you, thank you.

Dr Chad TSE  
Chief Editor, Cutting Edge



**The Royal College of Surgeons of Edinburgh  
The College of Surgeons of Hong Kong**

*Dear Fellows and Members,*

*You are cordially invited to join*

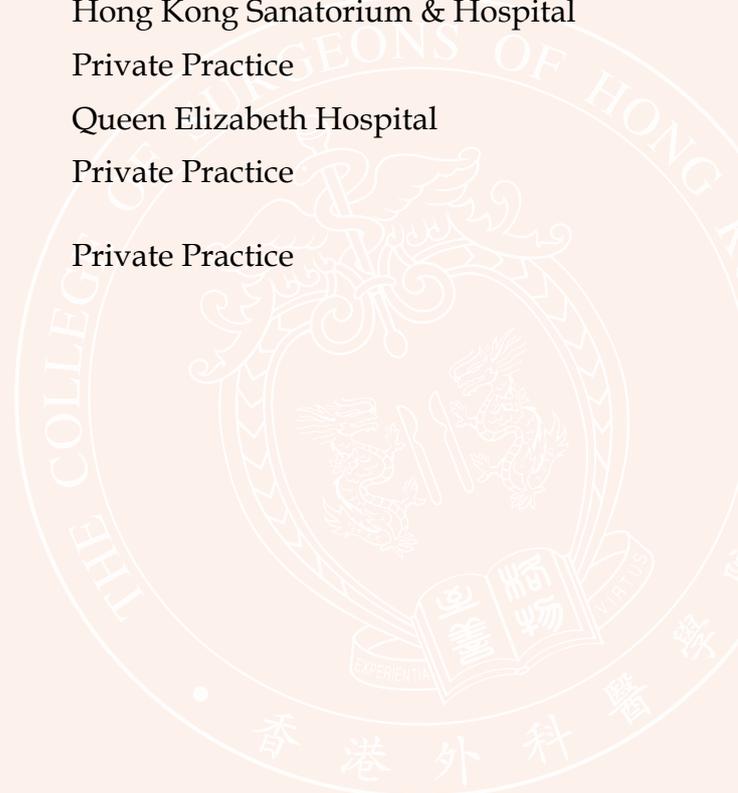
**Conjoint Diploma Conferment Ceremony 2015  
CSHK Silver Jubilee Closing Ceremony cum Annual Dinner**

On 12 September 2015 Saturday at 6:00pm the  
Convention Hall, Level 1,  
Hong Kong Convention and Exhibition Centre,  
1 Expo Drive, Wan Chai, Hong Kong

*Formal Invitation will be sent by mail in due course*

# Council of the College

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# Structure of the College

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- Ref. 1. WS Weintraub. Can J Cardiol 2006; 22 (Suppl B):56B-60B  
2. M Aoki et al. Diabetologia 2001 Aug;44(8):1034-1042  
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4. T Wang et al. Atherosclerosis 2003 Dec;171(2):337-342

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For further information, consult full prescribing information.

References: 1. Dexilant prescribing information (DEX0912 PHK). 2. Wittbrodt ET et al. Clin Exp Gastroenterol 2009;2:117-28. 3. Fass R et al. Aliment Pharmacol Ther 2009;29:1261-72. 4. Sharma P et al. Aliment Pharmacol Ther 2009;29:731-41. 5. Wu MS et al. Aliment Pharmacol Ther 2015;38:190-201. 6. Metz DC et al. Aliment Pharmacol Ther 2009;29:742-54. 7. Howden CW et al. Aliment Pharmacol Ther 2009;30:895-907. 8. Lee RD et al. Aliment Pharmacol Ther 2009;29:824-33. 9. Lee RD et al. Aliment Pharmacol Ther 2010;31:1001-11. 10. Frelinger AL et al. J Am Coll Cardiol 2012;59:1354-11.

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