Description 教材介紹		Language 語言	Requested Quantity 所需數量
Note: Full version of the corresponding material http://www.chp.gov.hk/whd2017 註:相關設計的內容可在衛生署的世界衛生日2017 B Poster 海報			page of the Department of Health at
活出好心情秘訣 - 成人篇 Tips on being joyful - For Adults (A2)	O'S	Bilingual 雙語	Copies/ <u></u> 張
活出好心情錦囊 — 長者篇 Tips on being joyful - For Elders (A2)		Bilingual 雙語	Copiesi'張
Pamphlet 單張			
抑鬱你我齊面對 同心同行衝過去 Depression Matters Let's Stand Together		Bilingual 雙語	Copies/張
如你懷疑自已患上抑鬱症 If you think you have depression		Bilingual 雙語	Copies/張
與抑鬱症患者一起生活 Living with someone with depression		Bilingual 雙語	Copies/張
一同認識抑鬱症 Understand Depression Together		Bilingual 雙語	Copies/張
活出好心情小貼士 Tips on being joyful	(S)	Bilingual 雙語	Copies/張

## Request Form for Publicity and Health Educational Materials on Depression 有關抑鬱症的宣傳及健康教育教材索取表格

To echo the World Health Day (WHD) 2017 with the theme of Depression, a list of relevant publicity and health educational materials is prepared for wider distribution.

為響應 2017 年以抑鬱症為主題的世界衛生日,衛生署準備了一系列相關的宣傳及健康教育教材以供派發。

Please put a tick [ ] in the appropriate box to indicate your choice of office for collection and return the completed form by post, fax or email to the collection office chosen.

請在適當空格內加上「✓」以選擇領取教材的辦事處,並將填妥的表格以郵寄、傳真或電郵方式交回**所選的領取教材辦事** 處。

Postal and Email Addresses of Collection Office 領取教材辦事處地址及電郵	Tel No. 電話號碼	Fax No. 傳真號碼
Central Health Education Unit Wanchai Office, Department of Health 7/F, Southorn Centre, 130 Hennessy Road, Wanchai, HK 香港灣仔軒尼詩道130號修頓中心7樓 衞生署中央健康教育組灣仔辦事處 health_cheuweb@dh.gov.hk	2572 1476	2591 6127
Central Health Education Unit Tsuen Wan Office, Department of Health 13下, Tsuen Wan Government Offices, 38 Sai Lau Kok Road, Tsuen Wan, NT 新界荃灣西樓角路38號荃灣政府合署13樓 衛生署中央健康教育組荃灣辦事處 health_cheuweb@dh.gov.hk	2417 6505	2498 3520

Description 教材介紹		Language 語言	Requested Quantity 所需數量
Note: Full version of the corresponding materials can be http://www.chp.gov.hk/whd2017. 註:相關教材的內容可在衛生習的世界衛生日2017 由			ent of Health at
Poster 海報			
抑鬱你我齊面對 同心同行衝過去 Depression Matters Let's Stand Together (A2)	EASING TOTAL	Bilingual 雙語	Copies/張
一闫躯識抑鬱症 Understand Depression Together (A2)		Bilingual 雙語	Copies/張
活出好心情小貼士 Tips on being joyful (A2)	Orcher	Bilingual 雙語	Copies/張
活出好心情攻略 - 青少年篇 Tips on being joyful - For Adolescents (A2)	O's	Bilingual 雙語	Copies/張

Description 教材介紹	Language 語言	Requested Quantity 所需數量
Note: Full version of the corresponding materials can be viewed on http://www.chp.gov.hk/whd2017, 註:相談的內容可在。注:你是是在自2017的基礎具(www.chp.gov.Pamphlet 單環		webpage of the Department of Health at
活出好心情攻略 - 青少年篇 Tips on being joyful - For Adolescents	Bilingual 雙語	Copies/張
活出好心情秘訣 - 成人篇 Tips on being joyful - For Adults	Bilingual 雙語	Copies/張
活出好心情錦囊 — 長者篇 Tips on being joyful - For Elders	Bilingual 雙語	Copies/張
你有失眠嗎? Are You Troubled by Insomnia?	Chinese 中文	Copies/張
	English 英文	Copies/張
長者抑鬱與自殺*	Chinese 中文	Copies/張
長者精神健康的十大訊息*	Chinese 中文	Copies/張
漸進式肌肉鬆弛練習*	Chinese 中文	Copies/張

Contact person 聯絡人	Signature 簽署	Telephone No. 電話號碼	
Name of Organisation 機構名稱		Fax No. 傳真號碼	
Email address 電郵地址		Date 日期	

## Notes to Applicants 申請者須知:

- 1. Staff of the collection office concerned will inform you of the date of collection upon receipt of your request form. 相關領取教材辦事處的職員在收到你的緊取表格後,會通知你領取的日期。
- 2. The Department of Health reserves the right to decide on the quantity of materials provided. 衛生署保留決定所提供教材數量的權利。
- 3. No duplication or extraction is allowed for any materials provided without prior consent from the Department of Health. 未經衞生署授權,不可複製或擷取教材內容。
- 4. All applied materials can only be used for non-profit making, health education and promotion purposes. 所有索取所得的教材只可作非牟利、健康教育和推廣之用。
- 5. Should you have any enquiries, please contact staff of the respective collection offices. 如有查詢,請與領取教材辦事處職員聯絡。