

WOMEN'S CHAPTER

MOONCAKE WORKSHOP

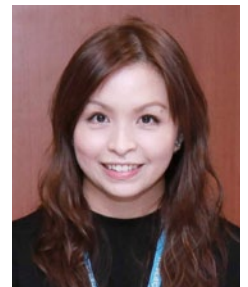
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Mid-Autumn Festival is one of the most celebrated festivals in the Lunar calendar. And apart from lanterns, moon appreciation, star fruits, how can we conclude our Mid-Autumn Festival without Mooncakes?

While there were only a few types of mooncakes on the market 2-3 decades ago, the variety of moon cake available nowadays is as vast as one can imagine - traditional pastry with different fillings, mochi-skinned ones with dessert flavours, ice-cream mooncakes etc. And Women's Chapter decided to celebrate Mid-Autumn Festival with our members and some allied female doctors by organising a mooncake workshop,

and the moon cake of choice was the modern custard-filled ones.

We had an enthusiastic enrolment of over 25 participants including female surgeons, female oncologists, radiologists as well as family members. The instructor guided us step-by-step throughout and we all enjoyed making the mooncakes as well as being offered refreshing floral tea and cookies by the hosts. We spent the lovely afternoon in the cooking studio and towards the end, everyone was drooling from the smell of freshly baked mooncakes from the ovens. Each participant could take home at least 10 mooncakes made with their choice of stamps to share with their loved ones.



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